



Shotokan Karate of Garden Grove

*10102 Stanford Avenue
Garden Grove, CA 92840*

A Non-profit Organization teaching traditional Karate-do in America since 1955

Women's Jiyu Kumite Seminar

Saturday March 6th 2010

at

Shotokan Ohshima Dojo

3:00 PM to 6:30 PM

Our third annual Women's Jiyu Kumite Seminar will be held following the Women's practice with Mr. Ohshima at the Shotokan Ohshima Dojo from 3:00pm - 6:30pm on March 6th 2010 led by Godan Greg Scott.

The cost is \$40 but if you plan to attend Tom Muzila's Self Defense class the next day (which is also \$40) both courses are \$60 (a savings of \$20).

We had a great turnout last year and we look forward to seeing all of you and more this year.

For more information contact:

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